

## UK gets health drink for early Alzheimer's disease

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**Singapore:** UK's health and nutrition company, Nutricia has launched Souvenaid, a food for special medical purposes for the dietary management of early Alzheimer's disease.

Souvenaid, a unique 125ml once-a-day drink, is available for people living with early Alzheimer's disease. This over-the-counter product is the result of over 10 years' research into the nutritional needs of people living with the early stages of the disease.

Around 800,000 people in the UK live with dementia, of which Alzheimer's disease is the most common form. It is a growing health problem in an aging population, leading the government to prioritise earlier diagnosis of the condition.

The loss of connections in the brain (synapses) is one-of-the key-features of early Alzheimer's disease. A combination of nutrients are required in the process of making new connections and people living with Alzheimer's disease have been shown to have relatively low levels of these nutrients in their bodies despite eating a normal diet. This adds to a growing body of evidence that highlights how nutrition can help manage the disease in the early stages.