

## Novo Nordisk makes Wegovy available in Singapore for weight management

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**Once-weekly injectable supports weight loss when used alongside a reduced-calorie diet and increased physical activity**



A significant advancement in weight management has arrived for Singaporeans. Novo Nordisk, a global healthcare company focused on defeating serious chronic diseases, has announced the availability of Wegovy® (semaglutide 2.4mg) in Singapore.

Wegovy® (semaglutide 2.4mg) is a once-weekly injectable treatment indicated for chronic weight management in adults and adolescents (aged 12 and above) living with obesity (BMI  $\geq 30$  kg/m $^2$ ), or who are overweight (BMI  $\geq 27$  kg/m $^2$  to  $<30$  kg/m $^2$ ) with at least one weight-related condition such as hypertension, type 2 diabetes, or dyslipidemia. It is used alongside a reduced-calorie diet and increased physical activity, supporting Singapore's efforts to improve population health.

The treatment works by addressing one of the underlying biological drivers of obesity. Wegovy® (semaglutide 2.4mg) is a GLP-1 receptor agonist with 94% similarity to the body's natural GLP-1 hormone. It activates receptors involved in appetite regulation, helping individuals feel full sooner and reduce food intake. This mechanism supports weight loss when combined with sustainable lifestyle changes.

The availability of Wegovy® (semaglutide 2.4mg) comes as obesity continues to pose a significant health burden in Singapore. An estimated 600,000 adults are currently living with obesity, a condition associated with more than 200 health complications. Despite its prevalence and medical complexity, obesity remains heavily stigmatised, often misunderstood as merely the result of poor personal choices.