

Taiwan leads international trend of precise disease prevention with public-private collaboration

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To facilitate the integration of chronic kidney disease risk and comorbid management with diabetes and hypertension



As the global ageing process accelerates, the prevention and care of chronic diseases have become a top priority for countries worldwide. The Taiwanese government has actively responded to international trends by promoting the "Healthy Taiwan" policy and launching the "Three Highs Prevention 888 Plan."

At the third "Healthy Taiwan Promotion Committee" meeting held recently, new goals were announced to reduce the standardised mortality rate of chronic diseases related to the three highs by one-third by 2030, aiming to strengthen chronic disease prevention and control measures through public-private collaboration.

In alignment with the vision of "Healthy Taiwan" and the 888 Plan, and connecting with the international trend of "precision prevention" of chronic disease management, the Taiwan Diabetes Association formally presented the "T-CaReMe Precision Care Taipei Declaration" at the Asia Diabetes International Conference.

The declaration proposes a comprehensive healthcare model for chronic diseases centered around risk stratification, precision medicine, and digital management, further promoting the integration of holistic healthcare and medical services, while fostering interdisciplinary collaboration to drive a new paradigm of chronic disease prevention and treatment.

The Taiwan Diabetes Association has released the "T-CaReMe Precision Care Taipei Declaration," making "Kidney Protection in Relation to the Three Highs" a core focus. The T-CaReMe Taipei Declaration focuses on precise risk diagnostic classification and assessment, aiming to accurately identify high-risk populations and improve the effectiveness of chronic disease management.