

## Health Ministry in UAE to create national scientific guide for tackling obesity and weight management

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**In partnership with Novo Nordisk aimed at promoting healthy lifestyles, early detection, and management of non-communicable diseases**



The Ministry of Health and Prevention (MoHAP), in United Arab Emirates (UAE), has teamed up with Novo Nordisk Pharma Gulf, a major player in global healthcare, to create a national scientific guide to tackle obesity and manage weight. Both sides will also collaborate to launch an awareness campaign to boost understanding of cardiovascular diseases and their complications.

The agreement was signed at the Ministry's headquarters by Dr Hussain Abdul Rahman Al Rand, Assistant Undersecretary for the Public Health Sector, and Jay Thyagarajan, General Manager of Novo Nordisk Pharma Gulf.

The partnership is part of the Ministry's ongoing efforts to improve public health and support the national plan for tackling non-communicable diseases and their early detection, aiming to enhance the quality of life with a top-notch health system.

The deal provides for the use of innovations to build effective capacities for developing a national scientific guide on combating obesity and managing weight in adults. All health authorities across the country will take part in charting out the guide, under a unified framework that strengthens coordination and collaboration between the Ministry and its strategic partners to reduce both the health and economic impacts of obesity while raising awareness about cardiovascular diseases and their complications.

This partnership is part of the Ministry's plan to grow its network of partners and international experts, aiming to support national programs that fight obesity and promote a healthy lifestyle by providing the latest treatments and dietary recommendations for managing obesity effectively.