

Singapore launches first Women's Leadership Programme for medicine research

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To provide in-depth training in leadership skills, personal reflection and goal-setting

The inaugural Women's Leadership Programme 2024, or WLP, jointly organised by National University of Singapore (NUS) Medicine's Clinician Scientist Development Unit (CSDU) and Office for Equal Opportunities & Career Development (EOCD) was recently launched.

The Women's Leadership programme is designed to provide in-depth training in leadership skills, personal reflection and goal-setting, and opportunities for networking and peer-mentoring to help individuals gain greater self-awareness, self-management and communication skills needed to deftly navigate career development in research and academic medicine.

This unique year-long programme offers a combination of various learning formats from 2-day modules, to half-day workshops and lunchtime talks and is designed to empower women through tapping into various skillsets, mindset and heartsets focused on leadership development; and building of an ecosystem where it draws the wisdom within each leader to unleash and access their collective knowledge, capacities and energies.

Participants are women clinicians and researchers from NUS Medicine and National University Hospital Singapore (NUHS), comprising a mix of Assistant Professors on the tenure track, newly-minted Associate Professors, winners of the National Medical Research Council Transition Award and Clinician Scientist Award (Investigator category), Alice Lee Centre For Nursing Studies (ALCNS) fellows, NUSMed Junior Academic Fellows and medical doctors doing their PhD.

From March to November this year, participants will continue to undergo a series of half-day workshops and lunchtime talks. Alongside the periods of extensive training, the programme also aims to create more opportunities for networking and peer mentorship to help participants bond and support one another in their journey of developing their research and academic medicine career.