

## Australia offers better diagnosis, treatment for attention deficit hyperactivity disorder

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### New guideline to be a game-changer for people living with ADHD



Australians will soon be able to count on better care and treatment for attention deficit hyperactivity disorder (ADHD) right across the country with the release of a new clinical practice guideline.

ADHD is the most common neurodevelopmental disorder, affecting around 800,000 Australians, including approximately 281,000 children, aged 0-19 years.

ADHD can have lifelong impacts on individuals, their families and community, but early diagnosis and quality treatment can greatly improve individual outcomes.

The Australian Evidence-Based Clinical Practice Guideline for ADHD provides a summary of scientific evidence and advice on the identification, diagnosis, support and treatment options for ADHD, including options with, and without, the use of medication.

The Australian Government provided \$1.5 million to the Australian ADHD Professionals Association to develop the Guideline with a focus on everyday functioning and quality of life based on age, gender, culture, setting and geography.

It will help inform clinicians, including medical and allied health professionals, nurses, pharmacists, and those involved in the support of people with ADHD such as educators and families, to drive improvements in care across Australia.