

## Hong Kong introduces Long COVID Chinese Medicine Rehabilitation Programme

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**To offer special care to elderly people and those who have been hospitalised due to the disease**



The School of Chinese Medicine at Hong Kong Baptist University (HKBU) has launched the Everbright Care • Long COVID Chinese Medicine Rehabilitation Programme to help people who suffer from the after-effects of COVID-19 (commonly known as long COVID).

Under the programme, HKBU Chinese medicine practitioners will provide a free long COVID consultation service and Chinese medicine to people who were hospitalised due to the virus and have since recovered, and recovered elderly people aged 65 or above.

The programme is supported by a funding of HK\$5 million from the Hong Kong Community Anti-Coronavirus Link. The funding will be allocated from the donation made by the Hong Kong office of the Everbright Group to the Link designated for the purpose of fighting COVID-19.

Based on the clinical symptoms and body constitutions of the participants, HKBU Chinese medicine practitioners will provide up to four sessions of free Chinese medicine consultations. A maximum of six days of Chinese medicine granules will be prescribed for participants in each consultation session, depending on their actual condition.