

Caution needed in assessing how infectious is coronavirus: GlobalData

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One way to answer is to determine the R_0



One of the most frequently asked questions during the novel 2019 coronavirus (2019-nCoV) outbreak, centered in Wuhan, China, is: 'how contagious is this new virus?'

One way to answer is to determine the R_0 (pronounced "R nought"), or basic reproduction number, of the virus. While several academic papers were published in late January of 2020 attempting to model R_0 , interpreting it accurately is difficult.

Kasey Fu, Director of Epidemiology at GlobalData explains: "There are a lot of uncertainties attached to the current R_0 estimates for 2019-nCoV. R_0 also takes into account the duration of disease illness and number of contacts expected during the duration of illness. As we gather more information about the new virus over the next weeks and months, R_0 estimates are certainly expected to change."

" R_0 is a mathematical theory in infectious disease epidemiology that measures how communicable a disease is within a population. The basics are simple: the R_0 value indicates how many people one infected person can go on to infect. When R_0 is greater than 1, the outbreak is ongoing, and the number of cases will increase. When R_0 is less than one, disease transmission has stopped and the disease is eliminated from the population. The R_0 modeled by researchers for the 2019-nCoV acute respiratory disease ranges from 2–5.47", he added.

R_0 shouldn't be considered in terms of 'good' or 'bad'; it informs only one aspect of an outbreak. R_0 is calculated by taking into account the ratio between the number of infections and the number of contacts the initial infected person had. The first cases found during an outbreak tend to be the most severe cases, while many asymptomatic or mild cases go unnoticed.

Fu concludes: " R_0 is also affected by disease prevention measures. The same disease can have very different R_0 values depending on the environment and social constructs. For example, the R_0 of the 2019-nCoV acute respiratory disease in the US is less than that in China, due to the strict isolation protocols of potential cases that drastically decreases the number of contacts for an infected individual."

R_0 can increase drastically if more of the mild/asymptomatic cases are found. A disease could have a R_0 of 100, but 99% of those cases could be mild/asymptomatic. Consequently, a disease could have a R_0 of 5, but almost all cases are severe.

These two R_0 disease profiles are drastically different, and each have their own challenges in stopping the transmission.