

Synthetic compound provides fast screening for potential drugs

04 November 2019 | News

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A simple assay may benefit drug discovery for treating diabetes, Parkinson's, and Alzheimers disease, as well as studies of functional food and endocrine disruptor report researchers at Okayama University in the *Journal of Medicinal Chemistry*. The assay hinges on a synthetic compound that allows faster screening with fewer hardware resource requirements than existing methods.

Retinoid X receptors (RXRs) are a type of nuclear receptor - proteins that regulate an organism's development, homeostasis and metabolism. They usually operate as heterodimers alongside other proteins and receptors, so the ligands targeting them are key to controlling their activity. RXR activators have attracted particular interest recently because of their potential to treat diabetes, Alzheimers and Parkinsons disease.

They are also associated with functional foods and processes by which environmental pollutants damage health. However, methods for screening compounds for their potential RXR targeting ligand activity have so far proved slow and awkward. Associate Professor KAKUTA Hiroki at University of Okayama Graduate School of Medicine and Shogo Nakano at the University of Shizuoka in Japan, and their colleagues have now demonstrated an assay based on a synthetic compound CU-6PMN - referred to as 10 - that can screen for RXR targeting ligand activity in hours instead of days with no complex equipment or radioactive isotopes needed.

The researchers based the chemical structure of synthetic compound 10, on the RXR activator CD3254, referred to as compound 9. "Because 9 has a cinnamic acid structure, we anticipated that this structure could be developed toward an umbelliferone structure," they explain in their report of the work. The significance of umbelliferone is its fluorescence. Not only is the fluorescence of umbelliferone relatively easy to detect - widely available filter sets can detect it - but the compound can also be modified so that its fluorescence intensity increases in aqueous environments. This means that if a compositely binding RXR ligand displaces the receptor bound compound, the fluorophore will be exposed to a more aqueous environment, its fluorescence will increase, and the activity of the ligand can be detected.

With compound 10 the researchers showed they could detect RXR targeting ligand activity in just a few hours with standard fluorescence microplate readers and no need for complicated processes. In their report they conclude, "We believe it will be useful not only for identifying RXR binders in drug discovery studies but also for studies of functional foods and endocrine disruptors, though it should be noted that fluorescence-based assays often suffer from interference when used to screen natural products."