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SUSS signs two MOUs to help the elderly and their caregivers

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Partnership will also encourage intergenerational bonding



The Singapore University of Social Sciences (SUSS) signed two Memoranda of Understanding (MOUs) to collaborate on various initiatives to better understand and support the needs of the growing silver generation as well as their caregivers. The MOUs also aim to encourage active ageing and intergenerational bonding.

Prof Cheong Hee Kiat, President, SUSS, who signed the MOUs, said: "With Singapore facing an ageing population, more needs to be done to help the elderly, their caregivers and encourage intergenerational relationship. These two MOUs are significant and meaningful steps towards this end, and we are delighted that our faculty, students and alumni will be able to contribute and gain from the collaboration. It is in line with our university's social focus and applied learning approach."

Collaboration with Changi General Hospital Pte Ltd (CGH) and SingHealth Community Hospitals (SCH)

The parties intend to cooperate on healthcare innovation, research and education to help elderly patients in CGH and community hospitals under SCH, for a period of three years.

Under the partnership, the partners aim to raise awareness of ageing issues as well as advocate for a better environment for seniors, as part of SUSS' Geron EngAGE initiative.

SUSS will involve their Gerontology postgraduate students and faculty to conduct research projects, and explore opportunities for collaborative development of innovative health technology. CGH will lend their support to the partnership by providing guidance and internship opportunities to SUSS PhD students particularly in Gerontology.

The three partners will also share domain expertise through various platforms such as lectures and best practice sharing sessions.

Collaboration with Sport Singapore (SportSG) and People's Association (PA)

The parties aim to bring together key capabilities and capacities to contribute towards the national outcome of Active Ageing via tripartite impact-research-advocacy work on ageing and intergenerational mixing.

Ang Mo Kio Community Centre (AMK CC) and ActiveSG will work together to provide an integrative, inclusive and innovative platform to encourage intergenerational activities and bonding among volunteers, residents and service providers.

SUSS Gerontology faculty and students will work with ActiveSG Gym at AMK CC to pioneer the integration of applied and practice research with sports, wellness and education within the community setting, which can then be applied across various uses.

Among the possible research areas include intergenerational bonding/communication, sport and health status of elderly, and impact of the partnership via longitudinal exploration.

The partners will also co-create programmes that promote active ageing, health and intergenerational mixing for the community.